

REACTOR  VENAIO

SECOND WEEK

APRIL 8th- 14th

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SWIPE

**WELLNESS
OFFERINGS**



8 MONDAY

APR SECOND WEEK 8th to 14th

7:30 - 8:30 MUAY THAI with Sebastian @Beach Break

9:30 - 10:30 YIN YOGA & SOUNDBATH HEALING with Ella & Kate @El Sitio Shade

10:30 - 12:00 CONNECTION WORKSHOP with Mattia @Glorka Studio

11:00 - 12:00 EMBODIED FLOW with Anna @El Sitio Shade

13:00 - 14:00 ECLIPSE CELEBRATION with Dr. Aaron Burt @Glorka Studio

15:30 - 17:00 YOGA FOR SURFERS with Eyal @El Sitio Shade

16:30 - 17:30 YOGA FOR KIDS with Shaili @Glorka Studio

17:00 - 20:00  **SUNSET VIBES**  @Lighthouse

17:30 - 20:00 **SOLAR ECLIPSE CEREMONY**
with Jayne Mancip & Natalia de Diego @Alaya

LEGEND:

SPiritual
WORKSHOP

INTELLECTUAL
WORKSHOP

CREATIVE
WORKSHOP

NIGHT PARTY

MOVEMENT

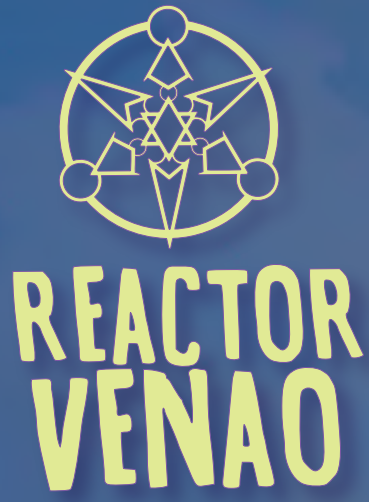
SUNSETS

CEREMONIES

KIDS

GASTRO
EXPERIENCE





9 TUESDAY

APR SECOND WEEK 8th to 14th

7:30 -8:30

ANIMAL FLOW with Ramon

@Beach Break

9:30 -10:30

HIGH SELF MEDITATION with Emma

@El Sitio Lounge

9:30 -10:30

VINYASA YOGA with Emily

@El Sitio Shade

11:00 -12:00

FUNCTIONAL MOVEMENT with Matt

@El Sitio Shade

11:00 -12:00

RADICAL RECOVERY OF SELF with Hillary

@Glorka Studio

14:00 -15:00

HERBAL SKINCARE WORKSHOP with Kate

@Serprana

14:00 -15:00

PRANAYAMA with Eyal

@El Sitio Shade

15:00 -16:00

EXPLORING THE BOUNDARIES OF PLEASURE with Sarah

@Glorka Studio

16:00 -18:00

KIDS COOKING CLASS with Daniela

@Casa Venao Garden

16:30 -17:30

REIKI CIRCLE with Natalia de Diego

@Glorka Studio

17:00 -18:00

JIU JITSU with John

@Beach Break

17:00 -18:00

MACRAME FOR KIDS with Azul

@El Sitio Lounge

17:00 -20:00



SUNSET VIBES



@Lighthouse

LEGEND:

SPIRITUAL
WORKSHOP

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WORKSHOP

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GASTRO
EXPERIENCE

NIGHT PARTY

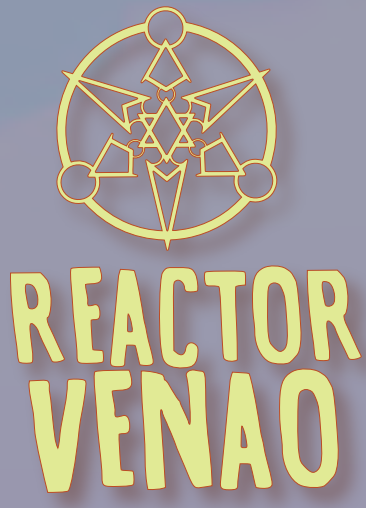
MOVEMENT

SUNSETS

CEREMONIES

KIDS





10 WEDNESDAY

APR SECOND WEEK 8th to 14th

7:30 -8:30

MUAY THAI with Sebastian

@Beach Break

9:30 -10:30

HOLLISTIC YOGA with Nini

@El Sitio Shade

11:00 -12:00

FLOWING WITH SELF & OTHER with Sarah

@Glorka Studio

11:00 -12:00

THE BODY IS THE MESSENGER with Ella

@El Sitio Shade

14:00 -15:00

SONG CIRCLE FOR PEACE with Claudia

@In front of Kahuna

14:30 -15:30

HUMAN DESIGN with Chiara

@Glorka Studio

15:30 -17:00

THAI & FLY with Leonella

@El Sitio Shade

17:00 -18:00

ART WITH NATURE FOR KIDS with Tut

@In front of Kahuna

17:00 -18:00

WELCOME CEREMONY
@Almendro Tree

Dresscode:
White Rabbit

15:00 -20:00



SUNSET VIBES
@Lighthouse



22:00 - 7:00

WELCOME TO THE PORTAL
Dresscode: White Rabbit



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11 THURSDAY

APR SECOND WEEK 8th to 14th

7:30 -8:30 ANIMAL FLOW with Ramon @Beach Break

9:00 -10:00 QIGONG with Leygh @El Sitio Shade

11:00 -12:00 CONSCIOUS MOVEMENT with Tut @El Sitio Shade

11:00 -12:00 ESSENCE with Cynthia @Glorka Studio

14:30 -15:30 PHOENIX RISING MENS CIRCLE with Dr. Aaron Burt @El Sitio Shade

14:30 -15:30 WOMB ACTIVATION with Aurora Brenes @Glorka Studio

16:00 -17:00 ELECTRO DARK YOGA FLOW with Fruznia @El Sitio Shade

16:30 -17:30 YOGA FOR KIDS with Shaili @Glorka Studio

17:00 -18:30 BODY PAINTING FOR KIDS with Reya @Baby Without Name

17:00 -18:00 JIU JITSU with John @Beach Break

15:00 -20:00  **SUNSET VIBES**
@Lighthouse 

20:00 -22:00 BURWA GASTRO TOUR @Starting in El Sitio

22:00 - 7:00

MAGICAL MOUNTAIN
Dresscode:
Welcome to Wonderland

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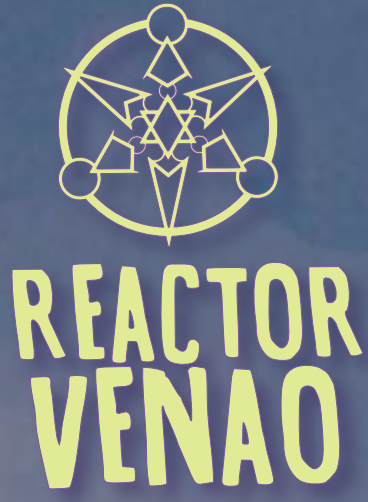
NIGHT PARTY

MOVEMENT

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CEREMONIES

KIDS



12 FRIDAY

APR SECOND WEEK 8th to 14th

7:30 - 8:30

MUAY THAI with Sebastian

@Beach Break

11:00 - 12:00

TEN THOUSAND LAYERS OF INTIMACY with Molly

@El Sitio Shade

14:30 - 15:30

THE WHEEL OF CONSENT with Sol & Molly

@Glorka Studio

15:30 - 17:30

JEWELRY MAKING WORKSHOP with French Van Cleef

@El Sitio Lounge

16:00 - 15:00

GENTLE YOGA WITH DJ with Aurora & Dexter

@El Sitio Deck

14:00 - 15:00

ART WITH NATURE FOR KIDS with Tut

@In front of Kahuna

15:00 - 20:00



SUNSET VIBES



@Lighthouse

18:00 - 19:00

TEA CEREMONY with Glorka

@Glorka Studio

22:00 - 7:00

CUCKOOS NEST

Dresscode: Go Cuckoos Crazy!

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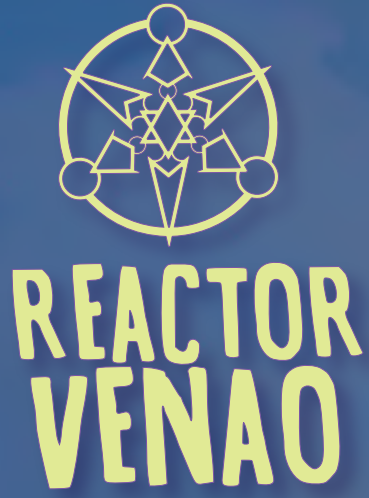
MOVEMENT

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CEREMONIES

KIDS





13 SATURDAY

APR SECOND WEEK 8th to 14th

9:30 - 11:00

VINYL DJ & YOGA with Nini

@Wao Jungle

11:00 - 12:00

SOMATIC RELEASE BREATHWORk with Emma

@El Sitio Shade

14:00 - 16:00

PAINT YOUR INCENSE HOLDER with Margarita

@El Sitio Lounge

15:00 - 16:00

BECOMING MAGNETIC with Mina

@Glorka Studio

16:00 - 17:00

ACROBATIC FOR KIDS with Waleska

@In front of Kahuna

16:00 - 17:00

DAKINI DANCE with Cristina

@El Sitio Shade

15:00 - 20:00



SUNSET VIBES



@Lighthouse

17:00 - 18:00

SOMATIC EMBODIMENT WORKSHOP with Claudia

@El Sitio Shade

17:00 - 18:00

MACRAME FOR KIDS with Azul

@El Sitio Lounge

18:30 - 20:30

LIVE VINYL SESSION with Longplay

@Wao Business Center

20:30 - 21:00

CACAO CEREMONY with Joshua & Leonela

@Almendro Tree

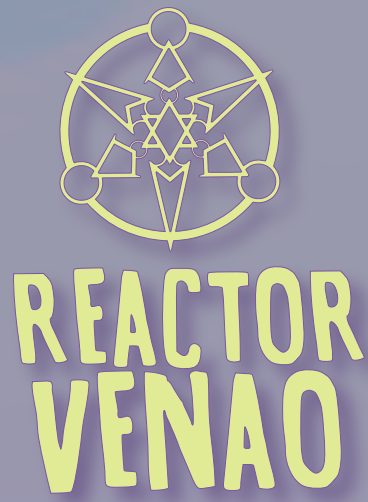
21:00 - 7:00



REACTOR BURN 9PM

Dresscode:
Show your inner fire





14 SUNDAY

APR SECOND WEEK 8th to 14th

7:30 -8:30

SOUNDBATH with Kate, Jayne & Roni

@El Sitio Deck

10:00 -11:00

BREAKWORK / ICE BATH \$10

@Beach Break

11:00 -12:00

CONSCIOUS MOVEMENT with Tut

@El Sitio Shade

11:00 -12:00

HIGHER SELF MEDITATION with Emma

@El Sitio Lounge

15:00 -16:00

EMBODIED FLOW with Anna

@El Sitio Shade

16:00 -17:00

KINETIC BREATHWORK with Cashmere & John

@Glorka Studio

17:30 -00:00



SUNSET VIBES
@Lighthouse



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